

Mental Health Consultation Liaison Nursing: Mind over Matter

Kris Lischynski RPN BScMH

Vera Duncan RN BN

What is an RPN?

- Registered Psychiatric Nurse
- College of Registered Psychiatric Nurses of Manitoba

Objective

- Our presentation highlights a unique, autonomous and independent Consultation Liaison (CL) nursing service within a tertiary healthcare facility.

Case Study

- SICU
- Young male patient in a house fire with 60% burns
- Consult is from nursing requesting assessment and treatment of flashback symptoms
- Nurses have requested increased pain and sedation medication but physician disagrees

Outline

- Consultation Liaison Role
- History
- Case Study
- Qualities
- Challenges
- Finding a Balance

Consultation Liaison Role

- Consultation
- Liaison
- Education
- Administration
- Committees

Consultation Liaison Role

- Consultation

Consultation Liaison Role

- Liaison

Consultation Liaison Role

- Education
 - Patients & families
 - Staff
 - Students

Consultation Liaison Role

- Administration
- Committees

History

- 1974
 - 0.5 EFT
 - Part of Psychiatry CL Service
- 2009
 - 2.0 EFT
 - Independent Nursing Service

Case Study

- SICU
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Case Study

- Chart review
- Discussion
- Assessment
- Document
- Share
- Interventions
- Follow-up

Qualities

- Flexible
- Clear boundaries
- Independent vs Team work
- Critical thinking
- Non-threatening
- Able to tolerate stress & conflict

Challenges

- There is NO normal day
- Time constraints
- Privacy
- Focus on patient
 - not their trauma or illness

Finding a Balance

- Peer support
- Debriefing
- Professional development
- Stress management
- Personal health

Questions?

Thank you

klischynski@hsc.mb.ca

vduncan@hsc.mb.ca