

A Vision of Hope, Health and Healing

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What is a vision?

A picture of your company in the future, your inspiration, the framework for all your strategic planning

Answers the question: Where do we want to go?

Doesn't say how you will get there but sets direction

Important to let your imagination go and dare to dream – captures your passion



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Vision

What is the vision for nursing at your place?

If you don't have a vision – what would you like to see in a vision?



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What is the ROMHC nursing vision?



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Royal Ottawa Mental Health Centre Nursing Vision

To become an
internationally
recognized Centre of
Excellence for
Psychiatric and
Mental Health
Nursing that has at its
core committed,
person-centred,
professional practice
and scholarship



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**Vision without action
is a dream**

**Action without vision
is simply passing the time**

**Action and vision
is making a positive difference**

Joel Burkes



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Agenda – Vision Session

What is the ROMHC Vision?

Nursing Welcome

Review Vision

Claude's Story

10 Commitments exercise

Documentation Jeopardy

Care Planning – revised Tidal B

Feedback:

What is the ROMHC Nursing Vision

What one thing will you do to contribute to the nursing vision?



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What is the ROMHC Vision? Pre

Lots of blanks – nothing written

ROHCG vision: “Mental health and wellbeing for all”

Centre of Excellence – most common
Vision related



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Royal Ottawa Mental Health Centre – Nursing Welcome

Nurses at ROMHC are the first in North America to practice the Tidal Model™ of Mental Health Recovery and Reclamation. You will notice some differences in nursing practice. Nurses begin with learning your story at this point in time in your own everyday language and working with you to understand your problems in living.

You are the expert in your own life and your personal story is central to your care planning and your recovery process. Together you and your primary nurse can discover what needs to be done to begin to address your problems in living and your goals will direct your care.

Your primary nurse will learn how you are different from everyone else, your unique needs,



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Claude's Perspective



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10 Commitments Exercise

For each commitment identify two



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10 Commitments

1. Value the ***voice*** of the person
2. Respect the ***language***
3. Become the ***apprentice***
4. Use the ***available toolkit***
5. Craft the step ***beyond***
6. Give the gift of ***time***
7. Develop genuine ***curiosity***
8. Know ***change*** is constant
9. Reveal ***personal wisdom***
10. Be ***transparent***



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What is the ROMHC Vision -Post

- Internationally recognized
- Centre of excellence
- Psychiatric and mental health nursing

At core

- Committed
- Person-centred
- Professional practice
- Scholarship



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**What would you do to
contribute to such a vision?**



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Contribution to Vision

Encourage myself and peers to follow vision

Listen to the person more

Hear the story

Treat each individual as a person, not a number

Continuing (professional) education

Tidal model in my practice

Continue to give the excellent care



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I currently give

**We are limited,
not by our abilities,
but by our vision**



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Vision

**It races beyond the thing that is
into the conception of what can be
Imagination gives you the picture
Vision gives you the impulse to make
the picture your own**

Robert Collier



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