

Moving Beyond Behavioral Approaches in Child Psychiatry Inpatient Care

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Outline

- Why we changed
- How we made the changes
- Our challenges
- Our triumphs
- What next

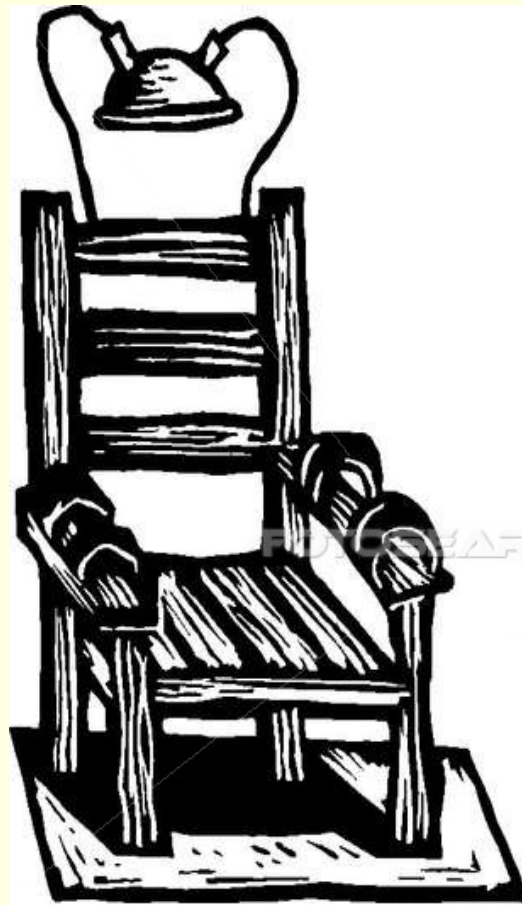
St. 36 Program at the RAH (circa 1987)

- Medical Model
- Less Acute
- Time outs
- Star charts
- Parent teaching

THE CHAIR



IS IT ELECTRIC



cp_electricchair
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TIME OUT ROOM



AFTER THE TIME OUT ROOM



Child Psychiatry in the 1990's and onward

- Attachment
- Learning and Development
- Trauma sensitive care
- Restraints and seclusion

Why change

- Increased acuity
- Brain and behavior
- Curiosity and intention

Evolution

- “kids like to please”.
- Champions of change
- Visits – Boston and Vancouver

Instrumental Changes

- Weekly clinical supervision
- Journal club
- Communication and engagement strategy
- Parent support group

Instrumental Changes

- Recruited enthusiastic volunteers
- Start up/education day

Evolution of Care

- Paradigm shift
- Challenge
- Courage

Evolution

- Change management
- Return to familiar
- Clinical supervision
- Commitment

Next steps

- Preadmission work and intake process
- Discharge reports
- Improved family center care
- Evaluation tools: HONOSCA, parent satisfaction questionnaires

Questions????

