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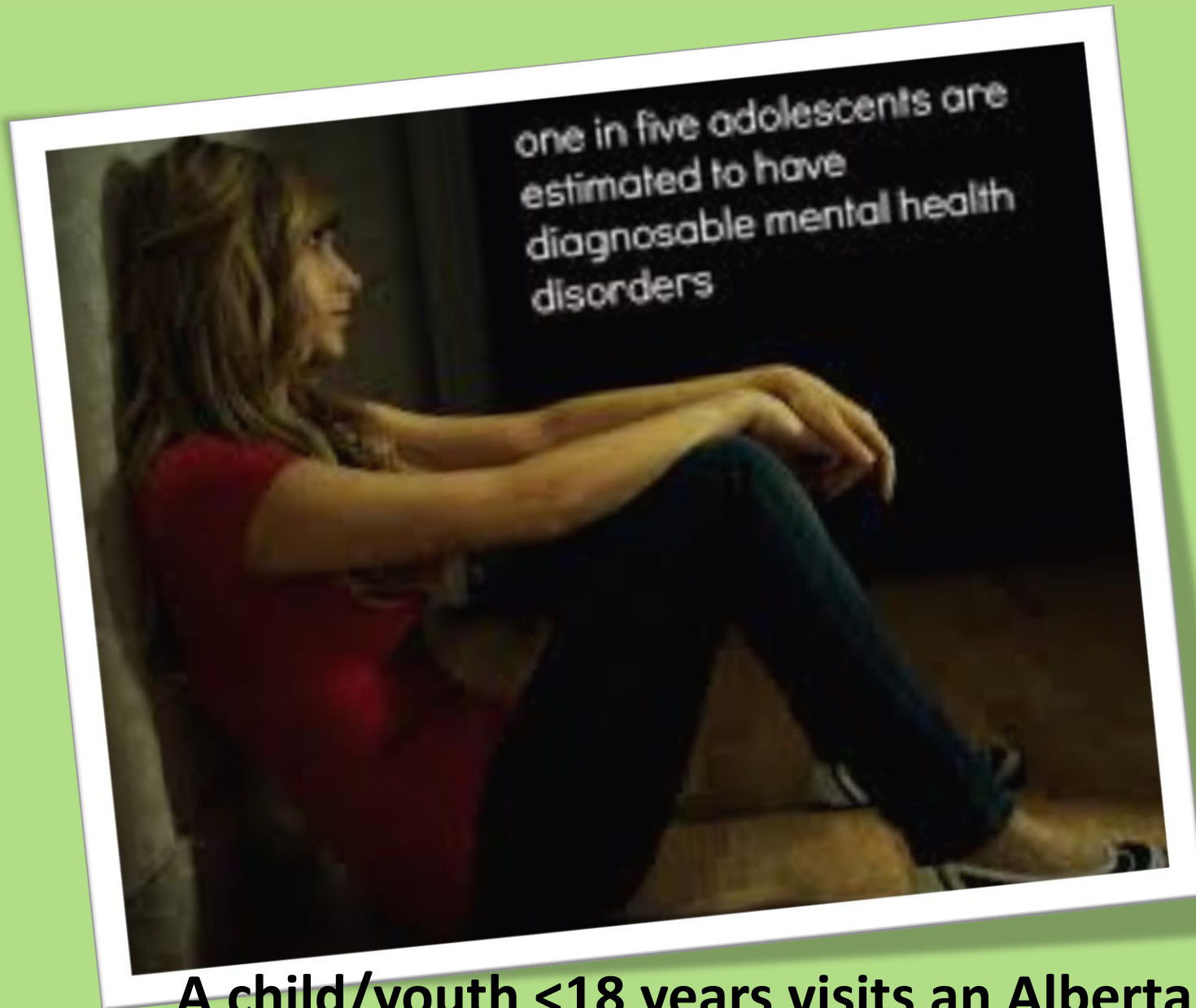
Effective Integration and Collaboration of Mental Health within Primary Care

Dyan Eybergen BA, RN, ACPI





There is nothing to
disclose



A child/youth <18 years visits an Alberta ED every 103 minutes for a mental health emergency (2002-2007).

Gaining Awareness

80% of mental illness begins in childhood! The lack of inpatient and outpatient treatment options, and community-based supports, represent a gap in service which prevent children and youth from receiving timely, appropriate care.



- **Edmonton Southside PCN Integrated Team:**
 - RN, Exercise Specialist, RT, Dietician, NP, Mental Health Specialists(RN,SW, RPN) Physician, Psychiatrist



9/10 troubled young people will not receive any treatment for mental health issues. Of those who get help 80% will get it from their family doctor.

Family Doctors: Largest Source of Mental Health Services in the country

- All mental health referrals are serviced within the same clinic
- MHC trained in CBT and Behavioural Health Consultant models
- Collaborative referral partnerships in the community
- Psych linkages typically for adults with some exceptions



SPCN:

- 747 patients saw mental health and one other SPCN provider in 2012

- 200 were <18 years

