

Mental Health Nursing and the Interprofessional Context in Canada

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The Case for Interprofessional Care

- **Context for Interprofessional Care**
- **History/Context**
- **Champlain Centre of Excellence in Interprofessional Collaborative Practice**
- **Our Experience with the Project**

What Is Interprofessional Care?

The provision of comprehensive health services to *patients* by multiple *health caregivers* who work *collaboratively* to deliver quality of care within and across settings.”

Ministry of Health and Long Term Care (July 2007). Interprofessional Care: A Blueprint for Action in Ontario

Context

International – power of interprofessional education and care is recognized

WHO Framework for action on interprofessional education and collaborative practice

National - Canadian Collaborative Mental Health Initiative (CCMHI)

Provincial – Interprofessional Care: Blueprint for action in Ontario

EnHance project – educate champions on IP collaborative best practices, train coaches, created sustainable tools and resources

www.enhanceontario.ca

Local and Mental Health Context

Local - Champlain LHIN - Academic Health Council

Mental health specific –

Canadian Collaborative Mental Health Initiative (CCMHI)

EnHance – www.enhanceontario.ca

- Psychiatric and Mental Health Nursing and Interprofessional Care – first we know ourselves, our role and ability to articulate role – then interprofessional

Why Interprofessional Care?

Some documented advantages:

- Increases access to health care
- Improves outcomes, especially with people living with chronic conditions
- Less conflict and tension among caregivers
- Better use of clinical resources
- Increased communication and decreased errors
- Easier recruitment and decreased turnover

History/Evolution

- CEO meeting >
- IP collaboration not visible in organizations
- Invited Comprehensive proposal to MOHLTC
 - Timing unfortunate - scandals
- Pared down proposal to Health Canada
- Transform to IPC in region
- Develop common curriculum for Interprofessional Care for 5 academic teaching hospital

Champlain Centre of Excellence in Interprofessional Collaborative Practice (IPC)

- Purpose: to transform care across the region by promoting the implementation of a common model of interprofessional care
- Health Canada funded
- 5 academic teaching hospitals in LHIN
- Bruyere – complex continuing care, CHEO – children, Montfort – community hospital (teaching), ROMHC – psychiatry and mental health, TOH – large tertiary care



Leadership Partners

- Regional transformation to IPC
- Champlain LHIN
- Academic Health Council
- Interprofessional Care Transformation Steering Committee
- Education in Practice subcommittee (EinP) – Bruyere, CHEO, Montfort, ROMHC, AHC, Health Canada

IPC Project

2 components

- Education program addressed AHC IPC competencies
- Bilingual Learning Resources Repository – http://www.ahc-cas.ca/page_id=27#reposit

Education in Practice Subcommittee (EinP Subcommittee)

Mandate: to guide all phases of the project including:

- Educational programming and tool identification
- IPC educational program development (common & specific components)
- Pilot program implementation and evaluation
- Shared resources and expertise
- Reps from each partner institution, plus 2 educators – inter-organizational collaboration
- Developed, monitored and evaluated project activities

IPC Education Program

Train the Trainer

Six Modules Designed - Address Academic Health Council IPC competencies

- Communication
- Collaboration
- Roles and responsibilities
- Collaborative patient/family-centred approach (integrated throughout, not separate module)
- Conflict management/resolution
- Team function
- Added consolidation module – facility specific

Communication

“An Interprofessional team is characterized by its use of inclusive language, continual sharing of information between team members and a collaborative working approach.”

Sheehan, Robertson & Ormand (2007)

Collaboration

Collaboration is a process that requires relationships and interactions between health professionals ... working together to provide comprehensive and continuous care to a patient/client.

The British Columbia Competency Framework for Interprofessional
Collaboration

Collaborative Patient/Client-Family Centred Practice

“... is a practice orientation, a way of health care professionals **working together** and with their patients. It involves the continuous interaction of **two or more professionals** or disciplines, organized into a common effort, to solve or explore common issues with the best possible participation of the patient.” Herbert, 2005

Note: Perhaps because P&MH - requested consumer representation in our team, declined – concerns re: evaluation

Conflict Management/Resolution

- Conflict is when two or more values, perspectives and opinions are contradictory in nature and haven't been aligned or agreed upon yet .
- Conflict is inevitable and often good, for example, good teams always go through a "form, storm, norm and perform" period. Getting the most out of diversity often means - contradictory values, perspectives and opinions.

Team Functioning

“is proposed as a dynamic process involving two or more healthcare professionals with complementary backgrounds and skills, sharing common health goals and exercising concerted physical and mental effort in assessing, planning or evaluating patient care.” Xyrichis, Ream (2007)

Roles & Responsibilities

One of the challenges of interprofessional work is ensuring clear definitions of the providers' roles and expectations with regard to shared care.

Recognize need to be grounded and comfortable in own role before one can be effective within IPC team

P&MH richer interprofessional teams?

Nurses are the interprofessional team after 1700, on weekends, etc – leads to role confusion –

Needs to be resolved to be full partners

Developing Learning Repository

- Identified IPC resources developed in each practice area
- Excel database – over 100 IPC resources
- Reviewed– priority list of key resources identifies
- Grouped under key words – IPC Competencies, IPC Evaluation tools, IPC in Specific Practice Contexts, Educational Resources, Publications and Other Relevant IPC resources
- Decision to locate repository at AHC website – open access to resources across Champlain Region

Learning Resources Repository

- Dynamic inventory of knowledge tools, products, and resources
- Produced to promote interprofessional collaborative practice in health and social care for students and professionals
- Consists of variety of learning resources,- electronic modules, case scenarios, videos, reports ...
- Developed for the promotion of and to support the advancement of interprofessional competencies and collaborative practice in both educational and clinical settings

Key Results

- Interagency collaboration – worked across facilities with steering group and with EinP subgroup
- 2 facilities advanced in implementing IPC shared resources, experiences
- Interprofessional Learning Repository developed and available across the region
- Common education program developed, provided and evaluated

The Royal

Our Vision...

- Mental health and well-being for all.

Our Values...

- We are guided by innovation and a passionate commitment to collaboration, honesty, integrity and respect.

Nursing Vision: To become an internationally recognized Centre of Excellence for Psychiatric & Mental Health Nursing that has at its core committed, person-centred, professional practice and scholarship

Roll Out - ROMHC

- Each facility rolled out in unique way/composition for train the trainer IPC education program
- Chiefs (psychology, social work, occupational therapy and allied health [– youth and child workers, addiction counsellors etc], chaplaincy/spiritual care)
- Representation from directors group, manager group, clinical nurse consultant/specialist, educator, vice president of professional practice, & chief nursing executive, nurse scholar

Moving Forward

- Action plan following IPE
- Manager of Patient Care Services – uses strategies with staff, at meetings on recovery unit
- Director and Manager – selected modules during staff retreat
- 4 Managers using IPC/E -project for Health Leaders' Institute –introduce IPC with new clinical staff during orientation
- EOI – proposal to provide the program to/with frontline nurses – train the trainer
- Provided to e.g. Youth program

Henry Ford

Coming together is a beginning;
Keeping together is progress;
Working together is success

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