

# Moving Beyond Behavioral Approaches in Child Psychiatry Inpatient Care

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# Outline

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- Why we changed
- How we made the changes
- Our challenges
- Our triumphs
- What next

# St. 36 Program at the RAH (circa 1987)

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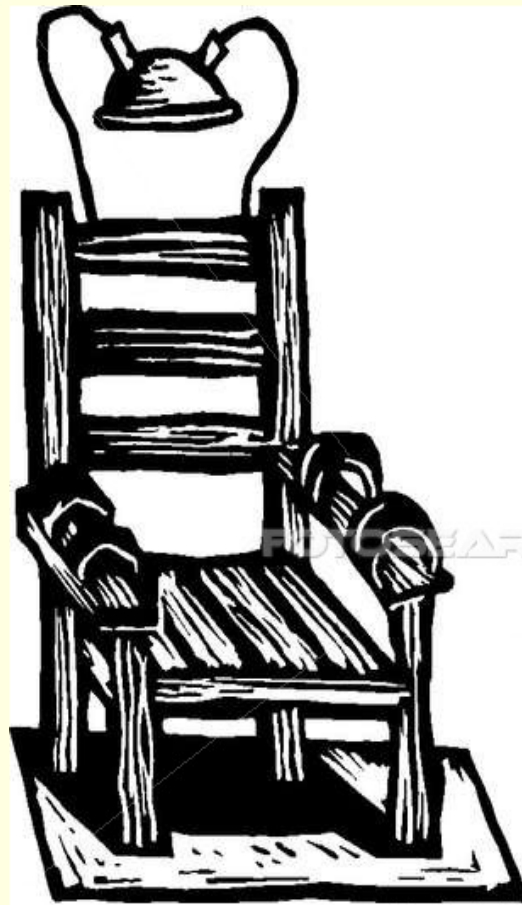
- Medical Model
- Less Acute
- Time outs
- Star charts
- Parent teaching

# THE CHAIR



# IS IT ELECTRIC

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cp\_electricchair  
[www.fotosearch.com](http://www.fotosearch.com)

# DON'T TRY THIS AT HOME

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overst\_c www.fotosearch.com

# TIME OUT ROOM

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# AFTER THE TIME OUT ROOM

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# Child Psychiatry in the 1990's and onward

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- Attachment
- Learning and Development
- Trauma sensitive care
- Restraints and seclusion

# Why change

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- Increased acuity
- Brain and behavior
- Curiosity and intention

# Evolution

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- “kids like to please”.
- Champions of change
- Visits – Boston and Vancouver

# Instrumental Changes

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- Weekly clinical supervision
- Journal club
- Communication and engagement strategy
- Parent support group

# Instrumental Changes

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- Recruited enthusiastic volunteers
- Start up/education day

# Evolution of Care

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- Paradigm shift
- Challenge
- Courage

# Evolution

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- Change management
- Return to familiar
- Clinical supervision
- Commitment

# Next steps

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- Preadmission work and intake process
- Discharge reports
- Improved family center care
- Evaluation tools: HONOSCA, parent satisfaction questionnaires



# Questions????

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