

Graduate Diploma in Mental Health and Addiction Nursing

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What is the need?

- CFMHN (1998, 2016)
 - Call for more emphasis on mental health and addiction content in undergraduate programs
- Regional Health Centre (2016)
 - Identified mental health knowledge gaps in newly hired nurses
 - Seeks nurses with enhanced expertise in mental health
 - Exploring roles for advanced practice mental health/addiction nurses

Where is the opportunity?

- Many college-level certificates available to nurses, some interdisciplinary
- No comparable program in mental health/addiction nursing for Registered Nurses in the region
- Opportunity to articulate with future Master of Nursing program to prepare advanced practice mental health and addiction nurses

Why Trent/Fleming School of Nursing?

VISION

A driver of social justice, improving the health and quality of life for marginalized populations

MISSION

To provide programs that meet the highest standard for nursing education and foster graduates who have developed superior humanistic and scientific caring, professional and social responsibility and critical inquiry

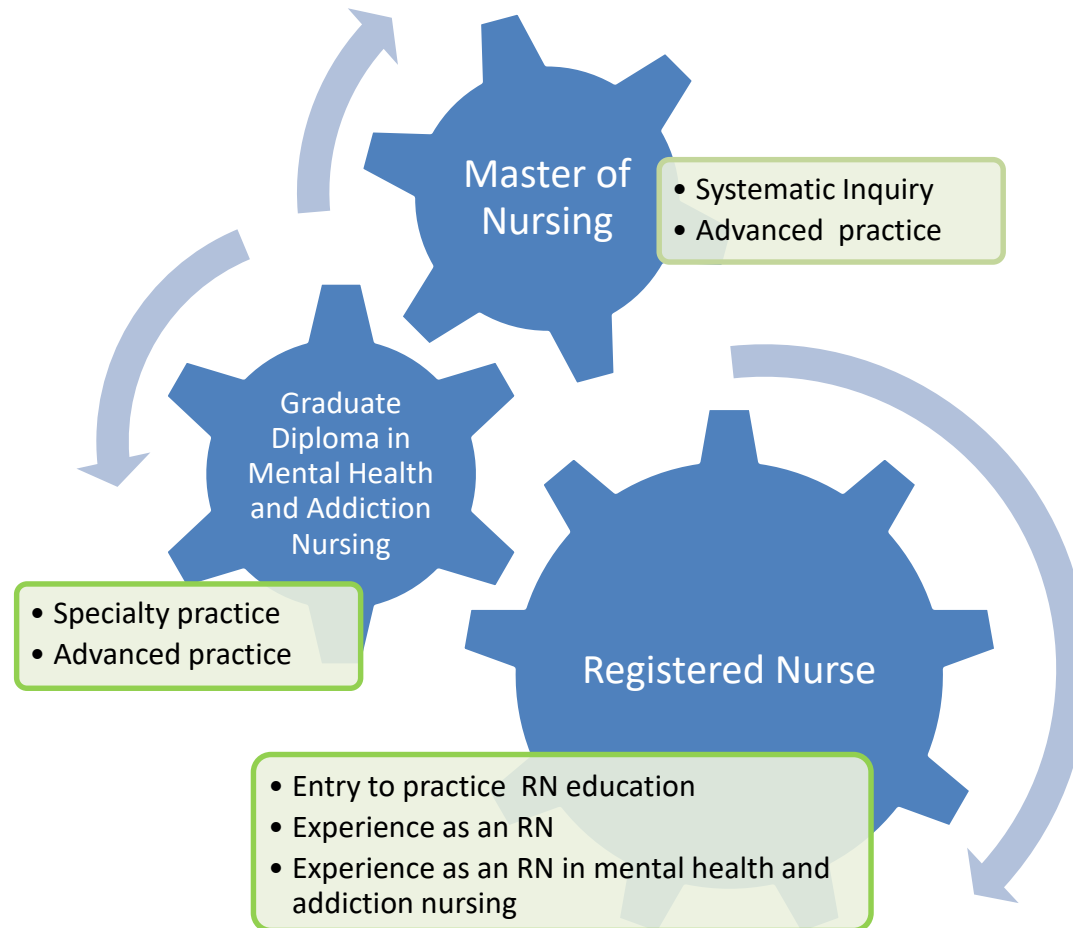
Why Trent/Fleming School of Nursing?

- **STRATEGIC FOCI**
 - Indigenous Communities
 - Women's Health & Gender
 - Rural Health
 - Aging
 - Mental Health

Program Aim

- To prepare Registered Nurses to develop the knowledge, skills, and abilities necessary to become clinical practice leaders in mental health and addiction nursing in a variety of care settings.

Education for Advanced Practice in Mental Health and Addiction Nursing



Education for Advanced Practice in Mental Health and Addiction Nursing

- **University:**
 - Develop an accessible graduate diploma program
 - Implement a Master of Nursing degree that articulates with the graduate diploma
- **Curriculum:**
 - Build on RN learners' previous knowledge of the discipline of nursing
 - Focus on developing evidence-informed practice and critical inquiry
- **Learner:**
 - Enter with RN/BScN, or in some cases, an RN diploma
 - Complete specialty course work, achieve graduate diploma in mental health and addiction nursing
 - Use graduate diploma as credit toward MN

Master of Nursing (CASN)

Domains

- Nursing Knowledge
- Professionalism
- Communication and Collaboration
- Leadership
- Systematic Inquiry
- Advanced Nursing Practice

Nursing knowledge

Advanced nursing practice role

Nurse- patient relationship, advanced communication, collaboration

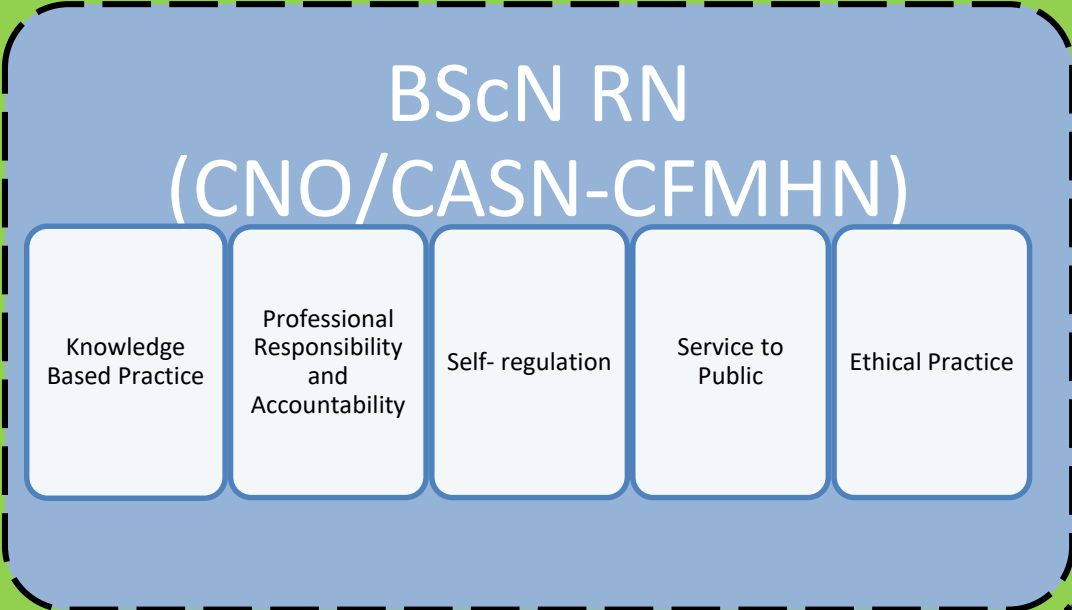
Health promotion and harm reduction

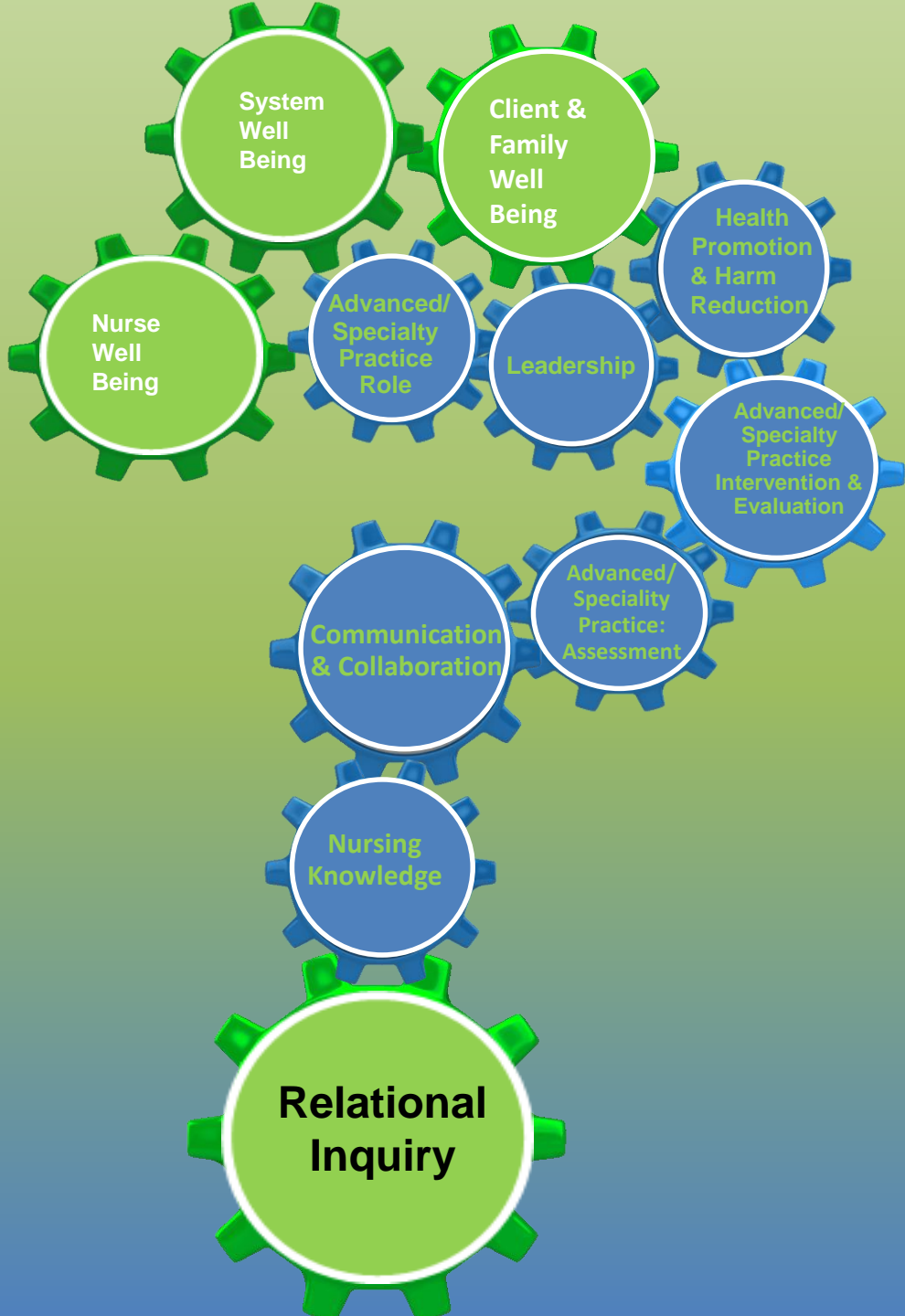
Leadership in rapidly changing, complex situations

Nursing practice: Intervention and evaluation

Nursing practice: Assessment

Graduate Nursing Diploma in Mental Health and Addiction (TFSON) - Competencies





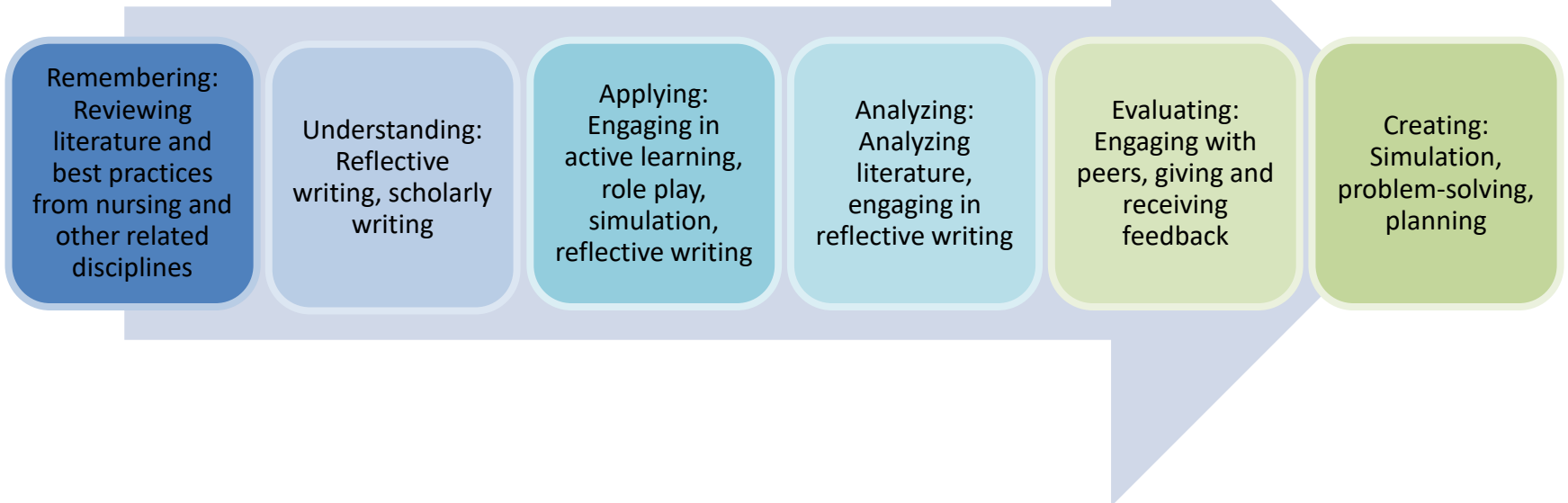
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Conceptual Model

Program Goals

- Supportive, purposive, and therapeutic relationships
- Evidence-informed health promotion, harm reduction, recovery and prevention practices
- Ethical, equitable, safe, supportive care that is informed by theories, research and experiential knowledge
- Collaboration within a holistic, relational, and person-centered framework
- Clinical leadership in complex situations
- Advanced mental health nursing practice within organizational and work-role structures
 - Assessment
 - Intervention and Evaluation

Bloom's Revised Taxonomy (Anderson, Krathwohl, Airasian, Cruikshank, Mayer, Pintrich, ... & Wittrock, 2001).	General Objectives <i>Senior Geography Syllabus (QSA, 2007, pp. 7-8)</i>				
	<table border="1"> <tr> <td data-bbox="956 178 1275 335"> Criterion 3 Decision-making processes KQ4: What is being done and could be done to sustainably manage these impacts? </td> <td data-bbox="1265 178 1284 642" rowspan="3" style="writing-mode: vertical-rl; text-orientation: mixed;"> Criterion 4 Research and Communication </td> </tr> <tr> <td data-bbox="956 342 1275 492"> Criterion 2 Analysis processes KQ1: What and where are the issues or patterns being studied? KQ2: How and why do these issues or patterns develop? KQ3: What are the impacts of these issues and patterns? </td> </tr> <tr> <td data-bbox="956 499 1275 642"> Criterion 1 Knowledge KQ1: What and where are the issues or patterns being studied? KQ2: How and why do these issues or patterns develop? KQ3: What are the impacts of these issues and patterns? +KQ4 when recall is involved </td> </tr> </table>	Criterion 3 Decision-making processes KQ4: What is being done and could be done to sustainably manage these impacts?	Criterion 4 Research and Communication	Criterion 2 Analysis processes KQ1: What and where are the issues or patterns being studied? KQ2: How and why do these issues or patterns develop? KQ3: What are the impacts of these issues and patterns?	Criterion 1 Knowledge KQ1: What and where are the issues or patterns being studied? KQ2: How and why do these issues or patterns develop? KQ3: What are the impacts of these issues and patterns? +KQ4 when recall is involved
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Curriculum Development

Program Map

NURS 5001
Advanced
Mental Health
Nursing
Practice I:
Foundations

NURS 5002
Advanced
Mental Health
Nursing
Practice II:
Alterations in
Mental Health

NURS 5003
Advanced
Mental Health
Nursing
Practice III:
Mental Health
Promotion

NURS 5004
Advanced
Mental Health
Nursing
Practice IV:
Substance Use
and Addiction

NURS 5020
Advanced
Mental Health
Nursing
Practice V:
Practicum

NURS 5001

Advanced Mental Health

Nursing Practice I: Foundations

- Current trends and issues (determinants of mental health, diversity, stigma)
- Theories and models (relational inquiry, nursing theories)
- Impact of trauma (crisis, trauma-informed care)
- Advanced communication, nurse-client-family relationship (supportive nursing therapy, solution-focused therapy, motivational interviewing, group process)
- Assessment (mental status, self-harm, aggression, standardized scales)



NURS 5002

Advanced Mental Health Nursing Practice II: Alterations in Mental Health

- Understanding people experiencing mental illness
- Exploring theoretical and social perspectives (influence of DSM 5, biomedicine, consumer movement, mad studies)
- Intersection of clinical, legal and ethical issues
- Promoting a climate of care within a moral community of practice (ethical care, collaborative engagement)
- Psychopharmacology across the life span



NURS 5003

Advanced Mental Health Nursing Practice III: Mental Health Promotion

- Factors influencing community well-being (health determinants, health inequities, racism)
- Indigenous perspectives (colonialization, historical and intergenerational trauma)
- Health promotion strategies (community mental health education, teaching/learning partnerships, cultural safety)
- Working with special populations (youth, older adults, incarcerated, people with intellectual disabilities)
- Approaches to case coordination



NURS 5004

Advanced Mental Health Nursing Practice IV: Substance Use and Addiction

- Substance use, addiction prevention and treatment in Canada
- Root causes, characteristics and unique needs (women, youth, elders, indigenous peoples, concurrent disorders)
- Approaches to care: harm reduction, detoxification, relapse prevention, self-help
- Trauma-informed care, intimate partner violence and abuse
- Group therapy, motivational therapy



NURS 5020

Advanced Mental Health Nursing Practice V: Clinical Practicum

- **150 hours spread over 10-12 weeks** of clinical practice in a mental health or addiction setting of their choice
- Integration of advanced theoretical knowledge into speciality practice while being mentored by a Registered Nurse who is an expert in mental health/addiction nursing



Education for Specialty Practice

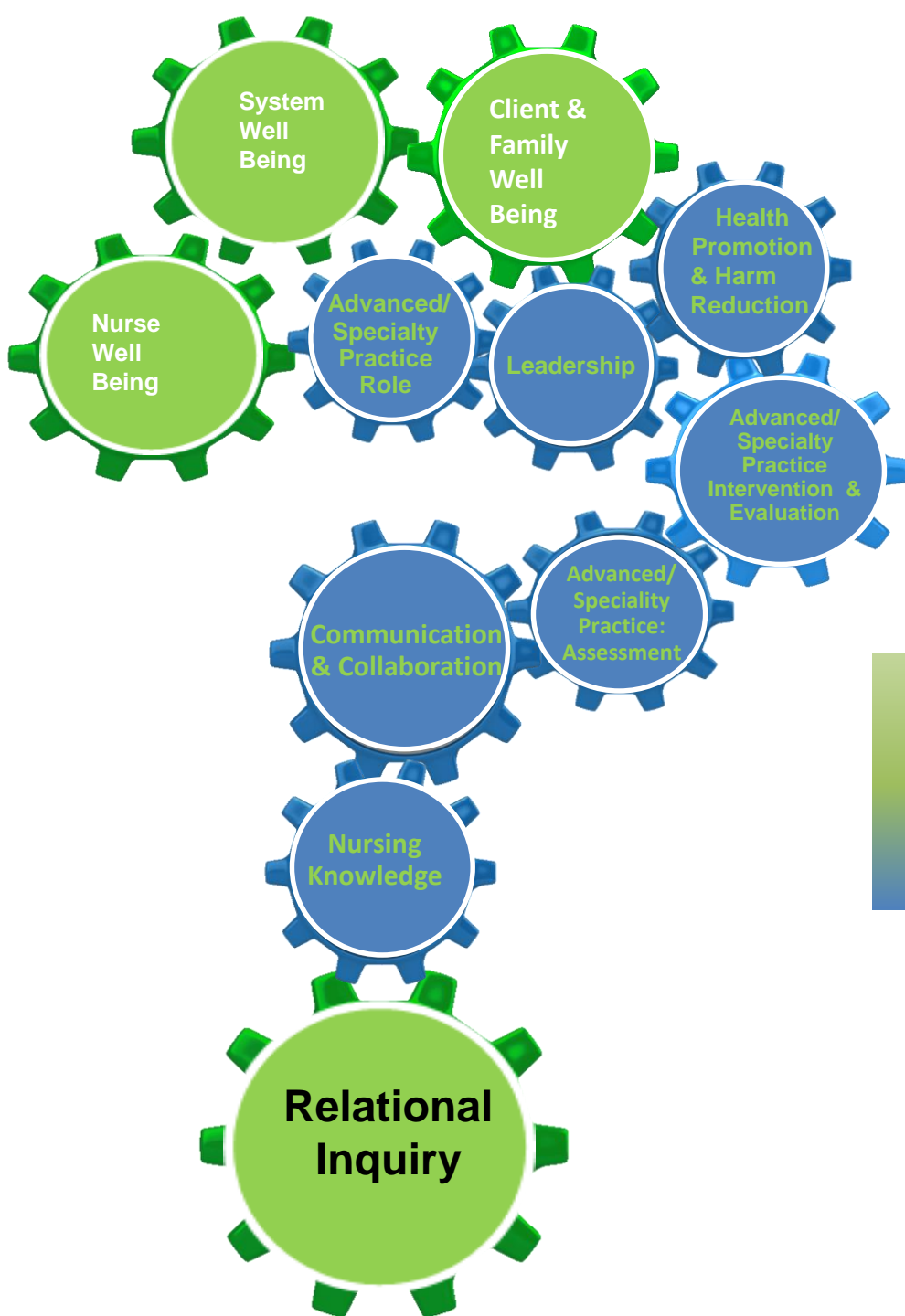
- The program meets the Canadian Nurses Association criteria for graduates to be eligible to write the nursing practice speciality certification (Option B Experience **plus** specialty education)
 - A formal post-basic course (specialty diploma or certificate program completed at a community college or university) of at least 300 hours in length

Delivery



Key Questions for Program Evaluation

- What factors have impacted the program since implementation?
- What revisions were made to enhance program quality?
- Who applied? Was accepted? Graduated?
- What is the student experience in the program?
- Does the program meet the needs of the community in this region?
- In what settings and roles are program graduates working?



Questions?