

Using Case Study Methodology to Improve Mental Health Assessment.

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Aims of Presentation.

- **Case study methodology.**
- **Similarities to assessment.**
- **Transferable skills.**



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Using Case Study in my PhD.

- “How does regulation influence the care of older people with depression living in a long-term care facility in Ontario?”.
- What regulation is in place to care for older residents with depression living in LTC facilities?
- How does regulation affect the care of older residents with depression living in LTC facilities?
- How does regulation support or hinder improvements in the care of older residents with depression living in LTC facilities?



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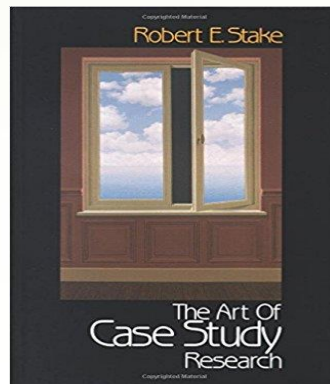
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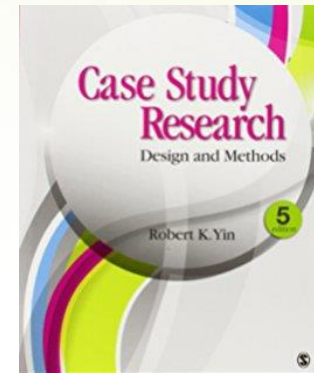
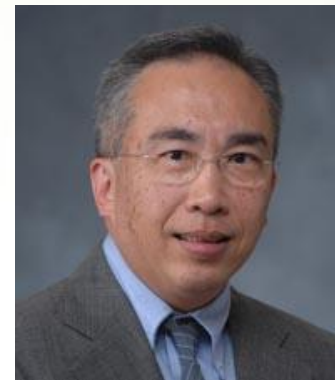
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Case Study .

Stake, R.E. (1995). The Art of Case Study Research. London, UK: Sage Publications.



Yin, R. K. (2014). Case study research: Design and methods (5th Ed.). London, UK: Sage Publications.



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Case Study – An Overview.

Different types of case study.

Multiple perspectives.

Thick description.

Flexible.

Context specific.

Analysis begins at data collection.



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Valuing Assessment?

- “Three principle operations: observation; interpretation & intervention” (Peplau, 1988).
- “Systematic and continuous collection, organization, validation and documentation of data” (Berman & Snyder, 2012).
- “...to establish a database about the clients response to health concerns of illness and the ability to manage healthcare needs” (Berman & Snyder, 2012).



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Nursing Assessment in Mental Health.

- Ethical considerations.
- Relationship and engagement (CASN, 2015).
- Multi-disciplinary.
- Multiple sources (CMHNF, 2014; Norman & Ryrie, 2013).



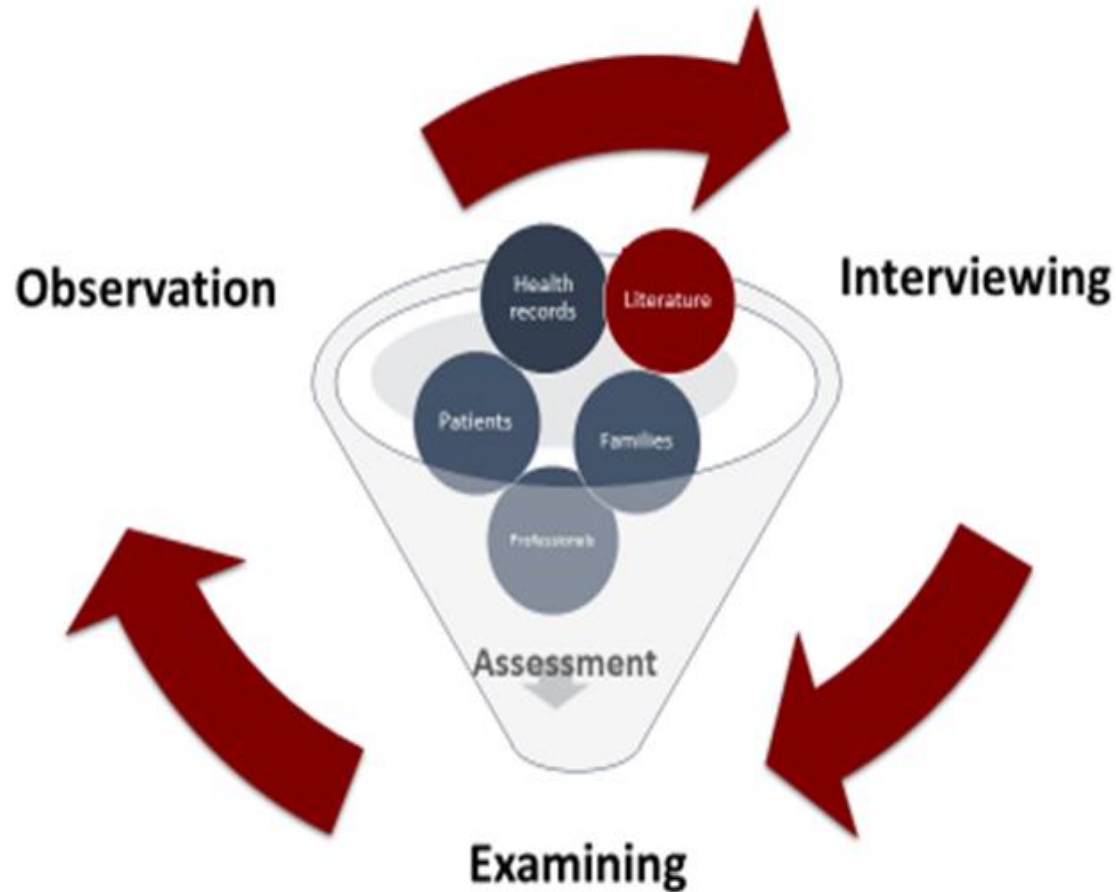
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Multiple Perspectives in Assessment.



Assessment Competencies for Registered Nurses.

Collects comprehensive data including but not limited to physical, functional, psychosocial, emotional, cognitive, sexual, cultural, age-related, environmental, spiritual/transpersonal, and economic assessments in a systematic and ongoing process while honoring the uniqueness of the person.

Elicits the healthcare consumer's values, preferences, expressed needs, and knowledge of the healthcare situation.

Involves the healthcare consumer, family, and other healthcare providers as appropriate, in holistic data collection.

Identifies barriers (e.g., psychosocial, literacy, financial, cultural) to effective communication and makes appropriate adaptations.

Recognizes the impact of personal attitudes, values, and beliefs.

Assesses family dynamics and impact on healthcare consumer health and wellness.

Prioritizes data collection based on the healthcare consumer's immediate condition, or the anticipated needs of the healthcare consumer or situation.

Uses appropriate evidence-based assessment techniques, instruments, and tools.

Synthesizes available data, information, and knowledge relevant to the situation to identify patterns and variances.

Applies ethical, legal, and privacy guidelines and policies to the collection, maintenance, use, and dissemination of data and information.

Recognizes the healthcare consumer as the authority on their own health by honoring their care preferences.

Documents relevant data in a retrievable format



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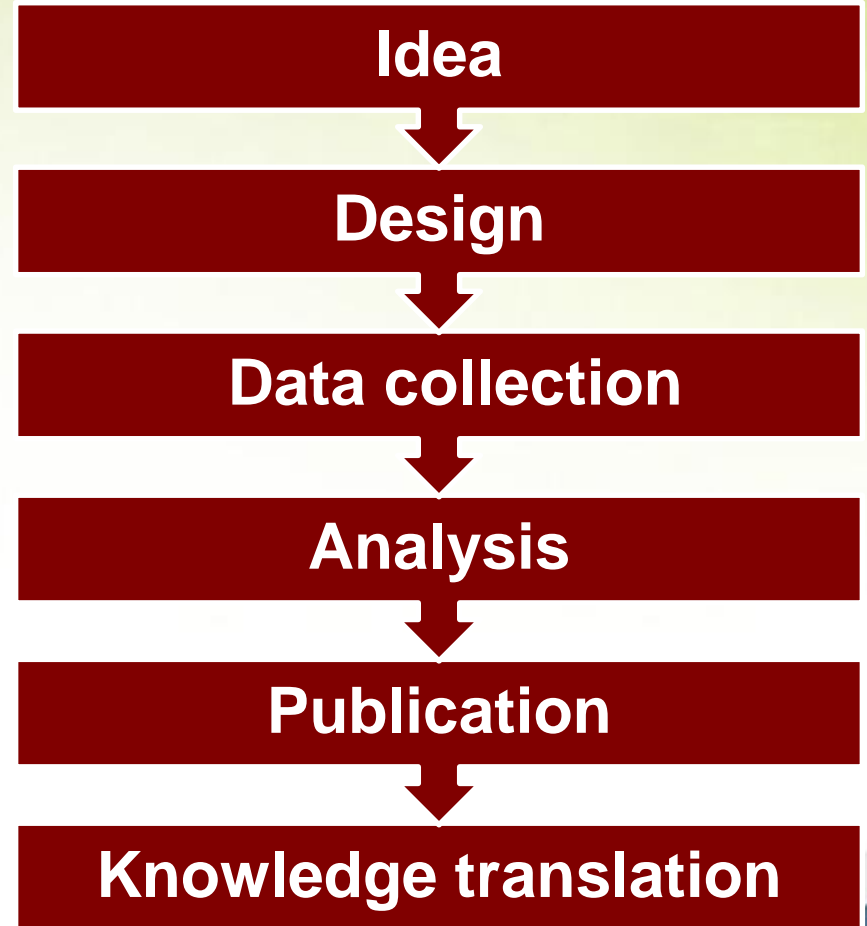
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Assessment Process (Berman & Snyder, 2012).



Case Study Research (Stake, 1995).



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Moving Forward.

The theory practice gap.

Translation to other research which can inform how nurses behave.

Clinical nurses being familiar with research.



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